



# Alissa & Grace's Reading Corner

## Children aged 2-6 years old

### About the Corner

Hello! We are Alissa and Grace, and we are super excited to share our love for books through this reading corner. This was created in hopes of encouraging parents and children to grab their favourite teddy bear, snack and spend some time reading these books together 😊. Throughout the year, we will be sharing our favourite books from the RBS library with you. Themes we will explore include love, diversity, health, sleep, and some other all-time RBS favourites!

### About Us

We are 2<sup>nd</sup> year medical students studying at the University of British Columbia and we joined Reading Bear Society because of our interest in child literacy, healthy living, and our love for connecting with children. Together, we are also the co-chairs of the Vancouver Chapter this year.

Alissa: Reading and storytime were always a big part of my childhood, as I found that it was a time where I could use my imagination and learn something new! My favourite books as a child were *Love You Forever* by Robert Munsch, illustrated by Sheila McGraw and *First Day Jitters* by Julie Danneberg, illustrated by Judy Love. Growing up, my favourite childhood teddy bear was a polar bear with a pink dress named Lily!

Grace: Growing up, I remember reading a lot of children's books in English with my parents because I really enjoyed them and because they were a great way to help me learn the language. In particular, I remember my favourites included *The Very Hungry Caterpillar* by Eric Carle, and *Love You Forever* by Robert Munsch, illustrations by Sheila McGraw. My favourite childhood teddy bear, which I still have with me, is named Beary!

Grace



Alissa

### Early Reading Resources

Decoda – Let's Read Together: [https://decoda.ca/wp-content/uploads/Lets-Read-Together-Preschoolers\\_final-web.pdf](https://decoda.ca/wp-content/uploads/Lets-Read-Together-Preschoolers_final-web.pdf)

Reading Bear Society – Early Reading Tips:

<https://static1.squarespace.com/static/5f29bcff33f80a3131b6cef2/t/5fa630d68657be665ed3ae69/1604727003729/Early+Reading+Tips.pdf>

Shanahan on Literacy – Encouraging Summer Reading:

<https://shanahanonliteracy.com/blog/encouraging-summer-reading>

RBS Summer Project, July 2021, Developed by Alissa Zhang (UBC MD 2024) and Grace Kim (UBC MD 2024). We would also like to thank Vancouver Kidsbooks for their ongoing support and thank Dr. Lyana Patrick, PhD, Assistant Professor, Faculty of Health Sciences, Simon Fraser University, for her suggestions.



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### Indigenous Authors

In recognition of the work of the Truth and Reconciliation Commission of Canada, The Reading Bear Society is dedicated to promoting principles of mutual recognition and respect. In collaboration with Vancouver Kidsbooks, we have compiled a [list of books](#) by Indigenous authors. Please see [www.thereadingbear.ca/truth-and-reconciliation](http://www.thereadingbear.ca/truth-and-reconciliation) for more information.



*Bear Family by Bella Bella artist Ben Houstie, used with permission. Sponsored by Native Northwest Vancouver, BC.*

### Books from Indigenous Authors

- *Places of Power* by Michael Demunn, illustrations by Noah Buchanan
- *Kiss by Kiss / Ocêtôwina: A Counting Book for Families* by Richard Van Camp
- *Moonbears Skyfire* written and illustrated by Frank Asch
- *Counting Wild Bears of the Native Northwest Coast* written and illustrated by Gryn White
- *Spirit Bear* written and illustrated by Bill Helin
- *Learn and Play: with First Nations & Native Art* by Mark A. Jacobson
- *Mama, Do You Love Me?* by Barbara M. Joose, illustrations by Barbara Lavallee
- *My Hear Fills with Happiness* by Monique Gray Smith, illustrations by Julie Flett
- *Sweetest Kulu* by Celina Kalluk, illustrations by Alexandria Neonakis
- *Will You Fill My Bucket? Daily Acts of Love around the World* by Carol McCloud and Karen Wells, illustrations by Penny Weber
- *Shi-shi-etko* by Nicola I. Campbell, illustrations by Kim LaFave
- *Shin-Chi's Canoe* by Nicola I. Campbell, illustrations by Kim LaFave
- *Mi'kmaw Daily Drum: Mi'kmaw Culture for Every Day of the Week* by Alan Syliboy
- *Black Bear Red Fox* by Julie Flett

Additional books can be found on BC Aboriginal Child Care Society's Library Catalogue: <https://bcaccs.kohacatalog.com>



**BC Aboriginal  
Child Care Society**

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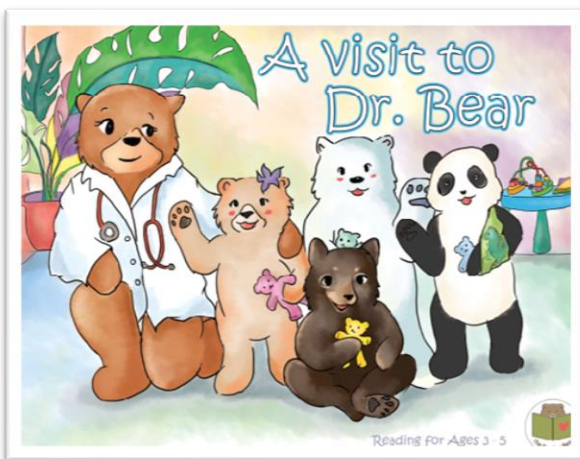
### Visiting the Doctor's Office

Many children feel nervous about a visit to the doctor's office. Books can help take the fear out of doctor's visits in a fun and engaging way. We have selected a variety of our favourite books about going to the doctor's visits and going to the hospital to help ease some of the anxiety associated with the doctor's office and put visiting the doctor in a positive light.



### Books about Visiting the Doctor's Office

- [\*A Visit to Doctor Bear\*](#) by The Reading Bear Society, [Audiobook](#) also available
- *Busy People: Doctor* by Ando Twin and Lucy M. George
- *My Doctor's Visit* by Cara and Jon Florance
- *First Time Doctor* by Child's Play, illustrations by Jess Stockham
- *The Berenstain Bears Go to the Doctor* by Stan and Jan Berenstain
- *Leo Gets a Checkup* by Ann McQuinn, illustrations by Ruth Hearson
- *A Visit to Dr. Duck* by Rosemary Wells
- *Keeping you Healthy: A Book about Doctors* by Ann Owen, illustrations by Eric Thomas
- *Now I Know: Checkup* by Melvin and Gilda Berger
- *Nicky Goes to the Doctor* by Richard Scarry
- *Going to the Doctor* by Anne Civardi



### Books about Visiting the Hospital

- *The Berenstain Bears: Hospital Friends* by Mike Berenstain
- *Franklin Goes to the Hospital* by Paulette Bourgeois and Brenda Clark
- *Clifford Visits the Hospital* by Norman Bridwell
- *Busy Hospital: A lift-the-flap learning book* by Lisa Regan, illustrations by Jan Smith

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